

DSM-V CRITERIA

DEPRESSIVE DISORDERS

| | MDD | PDD DYSTHYMIA | DMDD | PMDD |
|-------------------------------|---|---|---|---|
| Mood Symptoms | Depressed mood | Depressed mood | Severe recurrent temper outbursts or irritable mood | Mood swings Depressed mood Irritable/angry mood |
| Anhedonia | + | - | - | + |
| Suicidal Ideation | Recurrent thoughts of death or suicidal ideation, or attempt, or plan | - | - | - |
| Appetite changes | Significant increase or decrease in weight or appetite | Poor appetite, or overeating | - | Marked change in appetite, over eating or specific cravings |
| Insomnia / hypersomnia | + | + | - | + |
| Low energy / fatigue | + | + | - | + |
| Poor concentration | + | + | - | + |
| Negative cognitions | Worthlessness or excessive guilt | Hopelessness | - | Overwhelmed or out of control |
| Frequency of symptoms | Nearly every day | Most of the day for the majority of days more days than not | Outburst of anger >3 times per week | Present one week prior to menses and improve within days of onset |
| Duration of symptoms | >2 weeks | >2 years >1 year for children & adolescents | >12 months | At least 2 menstrual cycles |